Southside Nursing Home – Summer Menu

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
BREAKFAST	Porridge, Scrambled Eggs, Bacon, Toast/preserves Fruit Juice	Porridge, Scrambled Eggs, Bacon, Toast/preserves Fruit Juice	Porridge, Scrambled Eggs, Bacon, Toast/preserves Fruit Juice	Porridge, Scrambled Eggs, Bacon, Toast/preserves Fruit Juice	Porridge, Scrambled Eggs, Bacon, Toast/preserves Fruit Juice	Porridge, Scrambled Eggs, Bacon, Toast/preserves Fruit Juice	Porridge, Scrambled Eggs, Bacon, Toast/preserves Fruit Juice
MID MORNING	Tea/Coffee Biscuits	Tea/Coffee Biscuits	Tea/Coffee Biscuits	Tea/Coffee Biscuits	Tea/Coffee Biscuits	Tea/Coffee Biscuits	Tea/Coffee Biscuits
LUNCH MAIN COURSE	Beef Goulash	Balmoral Chicken	Pork Chops	Lasagne	Battered Haddock	Braised Steak	Roast Lamb & Mint Sauce
2ND CHOICE	Toad-in-the-Hole	Baked Salmon	Gammon in Cheese Sauce	Vegetable Pasta Bake	Chicken Chasseur	Cold Meat, chips & beans	
VEGETABLES	Creamed Potatoes Sweetcorn & Green Beans	Boiled Potatoes, Mangetout & Butter Beans	Chips & Mashed Turnip	Creamed Potatoes, Cauliflower	Boiled Potatoes, Carrots, Peas	Creamed Potatoes, Red Cabbage, Mange Tout	Roast Potatoes, Sprouts/Cabbage
PUDDING	Sticky Toffee Pudding & Cream	Pears & Chocolate Sauce	Fresh fruit Salad & Cream	Banana Sponge & Custard	Créme Caramel	Fruit Fool	Banoffee Pie
MID AFTERNOON	Tea/Coffee with Home Baking Fresh Fruit Tray	Tea/Coffee with Home Baking Fresh Fruit Tray	Tea/Coffee with Home Baking Fresh Fruit Tray	Tea/Coffee with Home Baking Fresh Fruit Tray	Tea/Coffee with Home Baking Fresh Fruit Tray	Tea/Coffee with Home Baking Fresh Fruit Tray	Tea/Coffee with Home Baking Fresh Fruit Tray
EVENING MEAL	Corned Beef Hash with Beans	Smoked Haddock, Mashed Potatoes & Peas	Tomato & Basil Soup Sandwiches Vol au Vents	Ham Leek & Cheese Bake	Scrambled Eggs on Toast with Tomato	Fish Cake, Chips & Peas	Lentil Soup Sandwiches & Pizza Slices
2ND CHOICE	Oatcake Platter Cheese, Pate & Pickle	Egg Mornay with Croquette potatoes		Chicken Kievs	Pasta Carbonara	Welsh Rarebit	
SOUP OR PUDDING	Milk Jelly & Ice Cream	Fruit Flan & Cream		Tapioca & Fruit Jam	Osbourne Pudding	Egg Custard Tart	
SUPPER	Variety of Hot Drinks Toast/Biscuits	Variety of Hot Drinks Toast/Biscuits	Variety of Hot Drinks Toast/Biscuits	Variety of Hot Drinks Toast/Biscuits	Variety of Hot Drinks Toast/Biscuits	Variety of Hot Drinks Toast/Biscuits	Variety of Hot Drinks Toast/Biscuits

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